

HEALTH NEEDFUL

to happiness. Well might the greatest and wisest Man that ever lived teach us to pray, "Give us this day our daily bread." The hands, with which we do so many cunning and skillful things, the eyes that reveal to us all the sun shines on, the hearts which beat within our breasts, were once merely the yet uneaten food upon our plates. What a strange, what a wonderful transformation! The body builds itself! No other machine can do so. Yet when the wear and tear becomes greater than the process of repair we grow weak and waste away. If we could keep the loss and the gain balanced, or nearly so, we should live long and be able to work and enjoy ourselves all the time. The opposite condition we call sickness or disease. To keep the wheel turning, to prevent permanent loss of flesh and power, is the aim of that ever-successful remedy known as

WAMPOLE'S PREPARATION

It quickly and quietly removes the waste matters from the system, promotes the marvelous change called digestion, expels the impurities and disease germs from the blood and furnishes what the body needs to make it strong and healthy. Being as palatable as honey or sugar the most sensitive palates accept it freely—even those of delicate women and young children. It contains the nutritive and curative properties of Pure Cod Liver Oil, extracted by us from fresh cod livers, combined with the Compound Syrup of Hypophosphites and the Extracts of Malt and Wild Cherry. It is a specific in Lung Troubles, Influenza, La Grippe, Anemia, Scrofula and all affections caused by impure blood. No failure. Effective from the first dose. "You cannot be disappointed in it." Sold by all chemists here and throughout the world

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ANY WOMAN OR GIRL NEEDING

help or advice, is invited to commu-

nicate, either in person or by letter, with

Ensign Nora M. Underhill, matron of

the Salvation Army Woman's Indus-

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side, Honolulu.

BIG HOTEL

ADVERTISES

Spending Much

Cash for Hawa-

ii's Benefit.

Magazines Are Freely

Used by the

Young.

Alexander Young Writing a Small

Book to Circulate in the Main-

land Tourist Belt.

Manager H. Wingate Lake, of the Alexander Young Hotel, is placing an amount of Hawaiian advertising over all sections of the United States which ought to bring large returns to Honolulu in the way of tourist traffic.

Late magazines, those for September, contain full page advertisements similar to the one reproduced on this page. The one shown here is from the Sunset Magazine, a journal reaching a large portion of the travelling public of the Pacific West. These magazine advertisements alone run into large sums of money. Even newspapers in the Orient contain advertisements of the big hotel. And in addition to these Mr. Lake has scattered broadcast all over the States an issue of 100,000 folders giving particulars as to how the "Paradise of the Pacific" may be reached and how a traveller may divide his time in order that he may use the steamship service to the best advantage.

Mr. Alexander Young is now at work writing a forty-six page book which is to be published by the hotel at a cost of about two thousand dollars and this will deal with the beauties of Hawaii, describing them according to the ideas of the man who thinks so much of them as a tourist resort that he has been willing to spend a fortune in building a magnificent hotel to house the expected visitors. Mr. Young's book not only deals with Honolulu but also with the places of interest on the other islands.

"We think," said Mr. Lake yesterday, "that the tourists should not be held in Honolulu. We encourage them in every way to take in the great volcanic scenes on Hawaii and the many other beautiful sights on the other islands. In this way our visitors see not only Honolulu but also the other islands and then go away ready to talk about the beauties of Hawaii as a whole. They are more pleased than they would be were they to spend all of their time on Oahu and are thus able to advertise us better when they talk to their friends on reaching their homes on the mainland."

On the opening of the hotel the management sent invitations to people living in every big city in the United States and Mr. Lake has received many complimentary letters from the recipients in which they express intention to pay Hawaii and the new hotel a visit in the near future.

The hotel is placing advertising each month all over the United States and when a Honolulu reader of magazines, who used to find in every magazine the advertisement describing the wonderful tropical story of Jamaica—minus, of course, all data concerning the West Indian hurricanes—he will, when reading, now find prominently near it the story in pictures of the "perpetual tropical resort at the crossroads of the Pacific."

THE TANK.

As a striking lesson in simplicity and to show the mechanism of The Douglas supply tank, E. R. Bath has just installed an expensive and beautifully constructed glass display tank in his shop window.

The sides and front are of glass and permit a full view of the lever, valve, float and mechanical construction of the "Royal" tank.

It will be especially noticed that the simple contrivance that regulates the supply and flush, is almost impossible of getting out of order.

The inspection of the public is respectfully invited.

The tank is displayed at Bath's shop, 165 King street.

Woman's Board.

In Central Union church today at 2:30 p. m. the Woman's Board of Missions will open its new year under the leadership of its new president, Mrs. G. P. Andrews. The paper on "Protestant Education in Spain and Italy" will be read by Mrs. Edgar Wood. Reports of Chinese and Portuguese work will be given by those in charge, and items of general missionary intelligence by Miss Hall.

ALEXANDER YOUNG HOTEL
H.W. LAKE, Manager
HONOLULU, T.H.
AMERICAN AND EUROPEAN PLAN

At the Crossroads of the Pacific
This modern and magnificent hostelry, representing an investment of over one and a half million dollars, has just been completed and is now open for the reception of guests.
The roof garden, over one third of an acre in extent, affords the most complete view of Honolulu and vicinity, including the mountains on one side and the sea on the other.
This is the one country that may be truthfully called a perpetual resort.
Reached by the handsome steamers of the following lines:
OCEANIC S. S. CO. OCCIDENTAL AND ORIENTAL S. S. CO. PACIFIC MAIL S. S. CO.
CANADIAN MAR. S. S. CO. TOYO NISEN KAISHA S. S. CO.

ABSOLUTELY FIREPROOF

WHAT TO DO IN FIGHTING THE MOSQUITO NUISANCE

The Anti-Mosquito Committee, in appealing for funds, has sent out the following circular:

It is a well known proven scientific fact, that mosquitoes, besides being a pest, are carriers of diseases such as malaria, yellow fever and dengue.

The Board of Health invites the co-operation of citizens in its efforts to diminish their numbers and to reduce the areas in which they breed. Mosquitoes always lays their eggs in water as the young (larvae) cannot live elsewhere. They rarely fly far and their presence is usually accounted for by the existence of standing water close at hand. The eggs and larvae abound in ponds, pools, puddles, cisterns, rain barrels, watering troughs, old tin cans, bottles, clogged gutters and in fact, everywhere where even a little water is allowed to stand a few days. Experience in other places has shown how much good has been accomplished by giving attention to all standing water in the neighborhood. In permanent ponds, fish and frogs, if in sufficient numbers, will destroy the eggs and larvae, but care is needed to see that small ponds are filled up or treated with oil. A little kerosene oil, put into standing water, spreads easily and rapidly over the surface, and without injuring the water for other purposes, destroys the larvae and prevents the laying of eggs. An ounce (two tablespoonfuls) of coal oil is sufficient for 15 square feet of surface; and an application is effective for two weeks, at the end of which time it should be renewed.

Good results are reported by putting unslaked lime into standing water.

Some suggestions:

Clear houses, back yards and gardens of all rubbish; empty cans, bottles, etc., periodically, say once a week; empty tubs, cisterns, and all vessels holding water containing larvae, or destroy the larvae in them by means of kerosene oil.

Go over premises time and again to see that no place has been overlooked.

Fill up or drain away all the pools, ditches, puddles and to those that cannot be treated, apply kerosene oil.

Endeavor to interest your neighbors in the work.

The Board of Health, through its agents, are endeavoring to do all in their power to abate the nuisance, but we must, to make this movement successful, have the hearty co-operation of the general public by word and deed; especially we urge citizens to look after all standing water on their own premises.

By following the above simple suggestions we can do much to abate, if not do away with, the mosquito nuisance.

Quarantine Island is an example of what can be accomplished by following out this line of procedure. Dr. Cofer reports: "All the mosquitoes have been abolished."

MENNEN'S BORATED TALCUM TOILET POWDER
Beautifies the Complexion
DELIGHTFUL AFTER BATHING.
A LUXURY AFTER SHAVING.
A Positive Relief for Prickly Heat, Chafing, Sunburn and Aching Feet, and all Afflictions of the Skin.
Recommended by eminent Physicians and Nurses as the most perfectly hygienic Toilet Powder for Infants and Adults.
Get Mennen's (the original): it is entirely different from all other toilet, infant and complexion powders. It contains no starch, rice or other irritants so common in ordinary face powder. The many merits of Mennen's Borated Talcum TOILET POWDER and its great success have encouraged countless imitations, many of which are dangerous. To be sure of getting the genuine, look for Mennen's face on the cover of the box.
FOR SALE BY ALL DRUGGISTS.
GERHARD MENNEN CHEMICAL CO., Newark, N. J., U. S. A.
Depot: HOBSON DRUG COMPANY.

DEFIANCE TOO FAST FOR SMALL YACHTS

The last general regatta of the Hawaii Yacht Club for this season takes place at Pearl Harbor on September 6 when races for the first, third and fourth class yachts will be held. The fifth class, by the death of Mr. Lee of the Maria, is now restricted to the Abbey M., and there will be no race in this class.

There is liable to be a split in the third class and the Hawaii Yacht Club is up against a problem which they have been endeavoring to avoid. The attempts of the present regatta committee and of Commodore Macfarlane and the directors have been towards establishing classes of boats nearly equal in speed if not of similar type and they have tried to discourage the building of racing machines.

The third class with the Princess, Myrtle, Malihini and Wikikiwi has been very equal, each boat racing nio and tuck until the Defiance came along. The latter craft, built by Walker, has shown her superior speed so plainly that the other four are entirely outclassed. Ordinarily the Defiance would have to allow time allowance for large racing measurement but she is so much faster that the others are discouraged. Now Lyle and Sorenson are building a craft two feet longer than the Defiance with the avowed intention of beating the Walker boat. These two will probably be set in a class by themselves and a prohibitory length established for that class to prevent the continuous rivalry of racing machines.

Meanwhile a protest has gone up from the four original members of the third class and the Defiance will likely be handicapped for Sunday's race if the regatta committee so decide. Several valuable cups will be raced for over this course which will be determined by a majority wish of the yachtsmen. In the first class the regular Peninsula course will be adhered to but this, some twenty-four miles, is too long and hard work for the little fellows.

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Interest allowed on term deposits at the following rates per annum, viz: Seven days' notice, at 2 per cent. Three months, at 3 per cent. Six months, at 3½ per cent. Twelve months, at 4 per cent.

Trust Department.

Act as trustees under mortgages. Manage estates, real and personal. Collect rents and dividends. Valuable papers, wills, bonds, etc., received for safe keeping.

Accountant Department.

Auditors for corporations and private firms. Books examined and reported on. Statements of affairs prepared. Trustees on bankrupt or insolvent estates.

Savings Department.

Deposits received and interest allowed at 4½ per cent per annum, in accordance with rules and regulations, copies of which may be obtained on application.

Insurance Department.

Agents for FIRE, MARINE, LIFE, ACCIDENT AND EMPLOYEES' LIABILITY INSURANCE COMPANIES. Insurance office, 924 Bethel street.

HAWAIIAN TRUST CO., LTD.
SAFETY For papers, policies, deeds, jewelry, coins, heirlooms, etc.
RENT FOR FIFTY CENTS (50c.) A MONTH one of our Fire and Burglar-Proof safes.
PRIVACY You are the only one who can open the safe you rent, unless you designate someone else. We have a private room where you can examine your valuables.
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